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In its continuing efforts to inform the readers of the latest happenings in different government departments, the Directorate of Information and Public Relations is proud to present the second volume of its magazine, the Meghalaya Chronicle. Inside this issue are write-ups highlighting the different activities and achievements of the government in the past two months.

While endeavouring to give a holistic view of all the on-going programmes of the government, we seek the support and contribution from our readers for the further improvement of this magazine.

We assure our readers that this magazine will provide first hand information on government activities. With the aim of providing an in-depth look into various dimensions of the working of the government, we will endeavour to make this magazine a quarterly publication.

P. S. Dkhar
Director, Information & Public Relation

From the desk of the
COMMISSIONER AND SECRETARY, INFORMATION AND PUBLIC RELATIONS

At least we could release this edition of our Chronicle on time. I congratulate the people who have put prompt efforts to keep our assurance of publishing the bulletin within the stipulated calendar. Henceforth, I think we have at last got our gears under control and would be succeeding in placing the editions to our readers on time. We would like the suggestions from our readers for improvement wherever they think necessary.

Good bye for now.

Arindam Sam
M E G H A L A Y A
■ A Haven For Investment

The Ministry of DONER and Indian Chamber of Commerce organized the 3rd North East Business Summit on April 10, 2007 at New Delhi. The meeting was attended by the Chief Ministers of Meghalaya, Assam, Sikkim, Nagaland, Manipur and representatives of Financial Institutions. The Meghalaya Chief Minister was accompanied by the Meghalaya Industries Minister, Mr Nehlang Lyngdoh, Chief Secretary, Mr Ranjan Chatterjee and Commissioner and Secretary, Industries, Mr A Som.

Dr Lapang in his speech said that Meghalaya is a convenient location for investments. The North Eastern Region is perceived as an insurgency prone region which is unsafe for investment, but he said that the State Government is creating a congenial atmosphere for investors to come and invest in the State in different sectors. He said that insurgency in the State is being dealt with firmness. The people of Meghalaya have already tasted the fruit of industrial development and wants the investment climate to be cordial. Dr Lapang also requested the investors to make their own assessment of the security climate in the State of Meghalaya and they will find that there is no cause for worry. The State Government is ready to enter into dialogue with industrial companies to take all possible measures to allay fears and ensure a sense of security, he added.

Dr Lapang stated that politically, Meghalaya is stable and over the years a great attitudinal change has been witnessed in the political class and amongst the people in general. Earlier, many political leaders and a sizeable percentage of the local population had opposed the idea of a rail head at Bynihat but now Bynihat has become a hub of industrial activity and the pressure groups are clamouring for expediting the implementation of the rail head project at Bynihat.

Dr Lapang also made a special announcement that the State Government is paying special attention to Garo Hills to improve the security scenario and to attract investments. He said that the Government is acquiring 182 hectares of land at Mendipathar, East Garo Hills to develop into an Industrial Growth Centre.

While informing about the investment opportunities in Meghalaya, Dr Lapang said that Meghalaya is emerging as a major player in cement and Ferro Alloy industries. Agriculture and Horticulture produce as well as timber forest produce constitute a vast resource base for the growth of various kinds of processing industries. In the Tourism sector, Dr Lapang said that Meghalaya has great untapped potential for the growth of tourism and with proper planning, it can be developed into a dream destination of the North East. He also informed that the State government now has a tourism policy under which intending investors can avail various incentives. In the health-care sector, Dr Lapang informed that Meghalaya is an ideal location for health care enterprises attributing to the strong base of traditional medicine and medicinal plants and herbs. He said that with proper investment and management, the potential of traditional medicine can be fully exploited. National players in modern health care will find Shillong most attractive destination because of its natural advantages, he added.

While making special mention on the prospects of bamboo based units in Meghalaya, Dr Lapang said that the government is taking great interest in schemes to improve the yield of bamboo from forests and plantations, to harness new technologies for bamboo based enterprises and to replace traditional tools used by craftsmen with modern, efficient tools. He also informed that a separate cell for bamboo has been opened in the state headquarter of the department of forest and environment and with the help of international agencies and cooperation of the industry, it is hoped to make bamboo the largest single provider of jobs and income in the State, he opined.
With regard to Information Technology, Dr Lapang said that Meghalaya has ample scope in the sector stating that the English speaking population in the State is an asset for IT enabled service providers who would like to set up their units in the State. He said that with the proposal for setting up of an IT park in Shillong by STPI, New Delhi, investors should find Meghalaya an attractive destination for IT enabled service.

Dr Lapang, who is also Chairman of the Single Window Agency, informed that for speedy clearances of industrial proposals in the State, the State Government has set up the Single Window system. He said that the MIDC acts as a nodal agency for providing all assistance including subsidies and incentives. He informed that the organisation also provides loans for industries and services to a limited extent. He also informed that the MIDC has not defaulted in the repayment of loans taken from financial institutions such as the IDBI and the SIDBI. He said that the excellent record of the MIDC hopes to attract finance from various financial institutions and agencies connected with the financing of industrial and service enterprises nationally.

NATIONAL BAMBOO MISSION LAUNCHED

The Department of Agriculture & Co-operation, Ministry of Agriculture, Government of India has recently launched a centrally sponsored scheme “National Bamboo Mission” (NBM) for addressing the issues relating to the development of bamboo in the country. The cost of the Mission is estimated at Rs. 5.68 billion with 100% assistance of the Central Government. The scheme will be implemented by the Division of Horticulture under the Department of Agriculture and Cooperation in the Ministry of Agriculture, New Delhi. Under the NBM, an area of 1,76,000 hectares will be brought under bamboo cultivation in both forest and non-forest areas during the 10th and 11th Five Year Plan. Under this Mission, it is proposed to generate employment of 9.7 lakh mandays and 50.0 million mandays through nursery and plantation activity.

The main objectives of National Bamboo Mission are to promote the growth of the bamboo sector through an area based regionally differentiated strategy; to increase the coverage of area under bamboo in potential areas, with improved varieties to enhance yields; to promote marketing of bamboo and bamboo based handicrafts; to establish convergence and synergy among stake-holders for the development of bamboo; to promote, develop and disseminate technologies through a seamless blend of traditional wisdom and modern scientific knowledge and to generate employment opportunities for skilled and unskilled persons, especially unemployed youths.

The National Bamboo Mission has four major components: Research & Development, Plantation Development, Handicrafts Development and Marketing.

In order to technically support the National Bamboo Mission, Four Zonal Bamboo Technical Support Groups (BTSG) has been identified where Cane & Bamboo Technical Centre (CBTC), Guwahati has been designated as BTSG for all the eight North Eastern States along with three Eastern States, i.e., West Bengal, Jharkhand and Orissa.

As a BTSG under NBM, the CBTC will visit the concerned States frequently to provide guidance in policy, organizational and technical matters; recommend/advice appropriate species of bamboo well suited to the region or the end user; compile materials for conduct of regional workshops in respect of bamboo plantations, handicraft, bamboo marketing and exports; conduct studies on different aspects of bamboo; assist the States in capacity building programmes; undertake publicity campaigns to promote the Mission objectives; document and disseminate case studies of success stories; conduct specialized Training Programmes at the Regional level and networking with various stakeholders and Institutes/organizations/agencies, both in India and abroad.

The National Bamboo Mission will have three tier structures, the National Apex Committee (NAC) under the Chairmanship of Union Minister of Agriculture, the National Steering Committee (NSC) headed by the Secretary, Department of Agriculture & Cooperation (DAC), to oversee the activities of the Mission and approve the Action
Plans and the National Bamboo Cell (NBC) headed by the Mission Director, NBM, in the DAC, Government of India.

Under the National Bamboo Mission, the overall targets expected to be achieved are area expansion under bamboo plantation where 80,000 ha of Forest Area and 88,000 ha of Non Forest Area will be covered, setting up of 354 Centralized Nursery, 80 Kisan Nursery and 80 Mahila Nursery, 3 Tissue Culture Units, 195 Bamboo Bazaars and 10 Retail Outlets (Show Room) in 10 Metropolitan cities.

The main target groups under NBM are farmers, self helpgroups, non-governmental organizations, cooperative societies, Panchayati Raj institutions and JMFs.

The State activities relating to National Bamboo Mission will be implemented through the respective Bamboo Development Agencies/Forest Development Agencies or any other agencies approved by the respective State Governments. The fund earmarked for the year 2006-07, as approved by the National Level Steering Committee have been released to the respective States and altogether an amount of Rs. 6570.98 lakhs has been released to eight North Eastern States under NBM. The details about the National Bamboo Mission may be obtained from respective State Bamboo Mission Director or Bamboo Development Agencies/Forest Development Agencies.

YOUTH Fest 2007

The Youth Fest 2007 organized by the Directorate of Sports and Youth Affairs at J. N. Sports Complex from 16th-20th April, 2007 and coordinated by Sr. Magdalene Synniah, FMA and Fr. Anthony Kharkongor, SDB is an expression of the Department's commitment to empower the youth for success and responsible leadership for the future. Altogether, 434 participants drawn from the seven districts of the State took active part. The motto of the Youth Fest was “Live and Learn Together”. All the participants were divided into eight groups named after the rivers of the State.

The Youth Fest was the brain child of Mr. Aldous Mawlong, the Director of Sports and Youth Affairs. The rationale behind the Youth Fest was to power the youth, tap their potential, increase their capacity building and teach them to respect other communities, tribes, cultures and religions. More importantly, while doing so, the Fest aimed at making the young participants aware of the pitfalls of HIV/AIDS, early marriages, the importance of managing one's finances and the need to be prepared for disasters, particularly as the North East falls in Zone V in the seismic map.

Career options after 10+2 and Graduation level were considered immediate necessity. As a result instructions on leadership training, entrepreneurship guidance, survival strategies and Mass Media were incorporated in the programme. A one day exposure trip to the Industrial Estate at Umiam, initiated the participants to the world of entrepreneurship and industry.

The whole Fest was marked with fun, frolic and amusement. The quiz, singing, drama, extempore and fancy dress competitions drew loud applause from participants, as well as officials and supervisors. An overwhelming 75%-80% of the participants said that youth fest was the best programme ever attended and wanted it to be organized by the Department of Sports and Youth Affairs every year and possibly at the District level. As organizers, it was satisfying to see the transformation that came over the participants. Being far away from home, having to fend for themselves, making new friends and learning new things has helped them grow in confidence and realize potentials that they thought did not exist in them.

What was heartening, was to see the participants eagerness to imbibe as much knowledge as possible from the resource persons, who did a brilliant job in motivating them.
With regard to planning and preparation, a lot of meticulous planning, careful preparation and hard work had gone into it. Working together with one mind and one goal, the steering committee under the leadership of the Minister for Sports and Youth Affairs, Mr. Zenith Sangma and Mr. Aldous Mawlong, worked tirelessly to see the plans come to fruition.

The Youth Fest would have been without life, had it not been for Sr. Magdalene Synnah and Fr. Anthony Kharkongro who provided all the sparks and injected life into it, as animators. It is also acknowledged here the huge contribution made by the Sisters manning the computers, etc., the musicians, the volunteers, supervisors, chairmans of various committees, conveners and members. The staff of the Directorate also worked hard behind the scene to ensure that the Youth Fest 2007 was a great success.

Let the spirit of the Youth Fest reign supreme.

Long Live Youth Fest!!!

Special

Interactive Programme

Special Interactive Programme (SIP) is an interactive based programme designed to sensitize and motivate the general masses for greater participation in the implementation of various developmental schemes of the government. A brain child of the Department of Information & Public Relations (DIPR), SIPs have been organized in different parts of the State through the District and Sub-Divisional Offices of the DIPR and the programmes have been well received.

In the past three months, over thirteen such programmes were organized. With the aim of providing a platform for villagers to interact with government officials, departments such as Agriculture, Horticulture, Health, Forest, Animal Husbandry & Veterinary, Industries, Soil and Water Conservation, Khadi and Village Industries, Community and Rural Development etc., joined hands with the Directorate of Information and Public Relations to highlight different aspects of schemes and projects available with different government departments for the welfare of the people. Marked by lively discussions, the SIPs played an important role in disseminating the much needed information to the grassroots level.

In East Garo Hills District two SIPs were held between March and April. The theme of the SIP held at the Mangsang Secondary School, on March 23, 2007, was “Development Towards Rural Areas and Awareness on Rural Industrial Development”. The programme was organized in collaboration with the District Industries Centre, Williamnagar. The one day programme witnessed the active participation of government departments and the general masses. A similar programme was also held at Dakongsi village, East Garo Hills, on April 14, 2007. The SIP was organized in collaboration with the offices of the Civil Sub-Divisional Officer and Block Development Officer, Kharkutta Community and Rural Development. Around 1000 people from 14 villages participated in the programme where the Additional Deputy Commissioner, East Garo Hills, Mr. B. Hajong was the Chief Guest.

In Jaintia Hills District, the SIP was held at Saipun village, under the Khliehriat Civil Sub-Division. The theme for the programme was “Rural Development”. Organized in collaboration with the Meghalaya Rural Development Society, the one day programme witnessed an interactive session between the local people and officers of different departments on schemes and projects meant for rural development. Free Eye Camp, Health Camp, Mother and Child Health Camp and Cultural programme were also organized where more than 800 people benefited. Educational and entertainment films were screened by the Office of the Assistant Director of Information and Public Relations, Jaintia Hills, Jowai.

In Ri Bhoi District, “Sustainable Socio-Eco Development of Rural Community”, was the theme of the SIP held on April 05, 2007 in the premises of the MeSEB Secondary School at Kyrdemkuli (Zero Point). The programme was graced by the Additional Deputy Commissioner and District Planning Officer, Ri Bhoi District, Mr. R. Raphlap as the Chief Guest. Headmen, students, representatives of NGOs and the public at large also attended the programme. The main objective of the programme was to highlight and inform the farming community and the public about the various activities, schemes and projects of government departments, scope of knowledge for promotion of SHGs and Cooperative Societies through lectures, interactions and discussions between the people and officers of the concerned departments. A similar programme was also held on April 10, 2007 in the premises of the Government Upper Primary School, Mawrong, Ri Bhoi District.

In West Garo Hills District, the theme of the SIP held at the Bandalkona Secondary School under Betasing Block, Ampati Civil Sub-Division, was “Sustainable Rural Development through Convergence”. During the day long programme, officers from various departments interacted with the villagers and gave clarifications to their queries on issues pertaining to availability of schemes and...
initiatives undertaken for the up-liftment of farmers.

The villagers of Dimilgre and its surrounding villages got an opportunity to get together and interact with the government officers on various developmental schemes and issues at a one-day Special Interactive Programme held on April 27, 2007 at Dimilgre UP School under Zikzak Block of Ampati Civil Sub-Division. Essay-writing and drawing competitions were also organized for the students of various schools in and around the village, while the local self-help group (SHG) members and students presented short skits on prevention of malaria and importance of education as part of the day’s programme.

In West Khasi Hills District, the Special Interactive Programme (SIP) on the theme “Technology and Rural Development”, was held at Umsohpheng Village, West Khasi Hills on April 25, 2007. Various government departments took part in the programme. Constructive interaction on different schemes between the rural masses and the officers took place in the interactive session. Salient features of the Right to Information Act were also highlighted to the villagers. Another such programme was also organized on 16th May 2007, on the theme “Sustainable Development, our Common Vision”, at Mawlieh village. Ten departments took part in the programme.

At the sub-divisional level, the day long Special Interactive Programme on the theme “Rural Infrastructure and Rural Development” was organized at Riangmang village under Mairang Civil Sub-Division on April 25, 2007. Hundreds of people and students from the village and its adjoining areas attended the programme which was inaugurated by Mr. K. L. Nongbri, Block Development Officer and Sub Divisional Officer (Civil), Mairang Sub Division.

The main highlight on the day was the question and answer session, in which the people openly aired their grievances and familiarized themselves about the various schemes and programmes of the government. As part of the programme, a drawing competition for students of the area was also organized. Prizes were also distributed to the winners of the competition.

Under the Mawkryrwat Civil Sub-Division, a SIP was organized at the Mawthawpdah Presbyterian Secondary School on May 11, 2007. The theme for the programme was “Build your tomorrow with spirit of hard work and courage”. Mr. D.V. Kumar, S.D.O (Civil) graced the function as the Chief Guest while Mr. S.S. Laloo, Deputy Director of Information & Public Relations, Meghalaya, Shillong attended as the Guest of Honour. Essay writing and debate competition and sports for school children and distribution of prizes to the winners were other highlights of the day.

In East Khasi Hills District, a Special Interactive Programme was organized at Laitlyngkot village on the theme “Preserve Bio-Diversity to sustain life”, on May 22, 2007, in collaboration with the Office of the Divisional Forest Officer, (Social Forestry) East Khasi Hills, District, Shillong. The programme was attended by the Sordar Elaka Laitlyngkot, Headmen, Secretaries, Executive Members of different villages, under the Elaka, teachers, students of schools in around Laitlyngkot, besides government officials from different departments.

RELAY MARATHON 2007

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responding to the immense challenge of HIV/AIDS, the State Government continues to endeavour to lead and catalyse an expanded response to the HIV/AIDS epidemic in order to contain the spread of infection. In light of the need to involve society in the fight against HIV/AIDS, the Relay Marathon for Men 07, was organized by the Meghalaya AIDS Control Society in collaboration with the Office of the Deputy Commissioner, East Khasi Hills on April 28, 2007.

The Marathon was flagged off by the Meghalaya Minister of Urban Affairs etc, Mr. Paul Lyngdoh at the premises of the State Central Library, Shillong. Addressing the participants before flagging off, Mr. Lyngdoh stressed on the importance of awareness for the general population so as to avoid fear psychosis amongst the people on the disease. He also said that the Marathon would go a long way in spreading the message on HIV/AIDS and how it could be prevented, particularly in the far flung areas. Others present were the Commissioner and Secretary, Health and Family Welfare Department, Meghalaya Mr. P. Naik, Deputy Commissioner, East Khasi Hills District, Mr. B. Dhar and Project Director, Meghalaya AIDS Control Society, Dr. Garod.

Showing their solidarity to the cause, students from different schools, men in uniform, youth clubs/organizations, representatives from the different localities and districts of the State participated in the event. Altogether 45 teams took part in the Marathon. 15 teams in the school category and 30 in the open category.
Covering a distance of approximately 50 km, the relay took the participants through some picturesque sights as they made their way from State Central Library to Laitkor via Smit-Laitlyngkot-Umtyangar-Pomlum-3rd Mile Upper Shillong and back to the starting point.

After a run which lasted over two hours, in the school category, Nongspung Secondary School, St. Anthony’s Higher Secondary School and Kiddies Corner Secondary School bagged the first, second and third prize with a cash prize of Rs. 14,000, Rs.10,500 and Rs 7,000 respectively. In the open category, Assam Regimental Centre, Nongstoin District Sports Association and Shiphew Kyntoit Sports and Cultural Club, Sohpian bagged the first, second and third prize with cash award of Rs. 14,000, Rs.10,500 and Rs 7,000 respectively.

Prizes to the winners were given away by the Meghalaya Minister of Information Technology, Mr. RG. Lyngdoh at the Soso Tham Auditorium. Addressing the gathering during the prize distribution ceremony, Mr. Lyngdoh congratulated all the participants for taking part in the Marathon and called upon them to work hand in hand in the fight against the spread of HIV/AIDS for the betterment of the society.

Earlier, Mr. P.Naik spoke about the various aspects of HIV/AIDS and highlighted the measures taken by the Meghalaya AIDS Control Society to control it. He called upon the participants to join the campaign for the cause by spreading correct information on HIV/AIDS and to treat people living with HIV/AIDS with compassion.

In addition to the active support of the participants, the success of the Marathon is attributed to the cooperation and concerted efforts of the Deputy Superintendent of Police (Traffic), East Khasi Hills, Directorate of Information and Public Relations, Directorate of Arts and Culture, Directorate of Sports and Youth Affairs, Deputy Director of Sports Authority of India, Shillong, District Sports Officer, East Khasi Hills, District Institute of Educational Training, Inspector of Schools of all District, Principals, Sports and Culture clubs and village headmen.

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**Topic of the Month**

**Prime Perk:**

A HOUSE FOR THE FIRST CITIZEN

It’s the ultimate perk that comes with being President of India. As the First Citizen, all 200,000 square feet of floor area, with its 1,700 million bricks and 3 million cubic feet of stone are yours for the taking for five whole years. And don’t forget the sprawling Mughal Garden, spread over 13 acres. Prime property doesn’t get better than this.

The splendour of the Rashtrapati Bhavan is larger than life. Few official residential premises of the Head of State in the world can match it in terms of size, vastness and magnificence. Its breathtaking architecture, with Roman, Mughal, Buddhist and European influences, is a work of art.

Having researched the presidential residence extensively, Aman Nath, author of *Dome Over India: Rashtrapati Bhavan* says, “Lutyens was not only dismissive about Indian architecture, he was against everything Indian. Arrogant and racist, Lutyens had made some very derogatory comments about India and its architecture.

According to Nath, Lord Harding was the real hero of the Rashtrapati Bhavan story. “The Rashtrapati Bhavan would have looked like any British building had the then Viceroy Lord Harding not given strict instructions to Lutyens to assimilate the designs from Indian
architecture. Though an imperialist himself, Lord Harding, the then Viceroy of India, saw things from the broader perspective of a leader. He directed Lutyens to build something to give the Indians a sense of pride about their civilization. Forced to borrow from Indian designs, Lutyens did conform mildly, but reluctantly, and without open expressing any sense of rapture, “Which makes the term ‘Lutyens’ Delhi’ a misnomer of sorts. “Yes, because contrary to the common perception not a single bungalow in the Lutyens Bungalow Zone has been built by Lutyens. He built only four bungalows all within the Presidents Estate’, explains Nath.

The Rashtrapati Bhavan is the biggest residence of any President in the world. The floor area is 200,000 square feet and the adjoining Mughal Gardens cover 13 acres rises a six pointed glass star, the name of the column comes from the fact that its cost was borne by the Maharaja of Jaipur. Luxury gets a whole new meaning in the Yellow Drawing room, the Grey Drawing room and the grand Banquet Hall. Originally built as the state ball-room, the Ashoka Hall has a wooden floor with a dance space in the centre. The ceiling of this hall is adorned with an elaborate painting of a royal hunting expedition. There’s also the North Drawing Room, where heads of state are received. Step into the Durbar Hall and a two-ton chandelier hanging from a height of 33 metres greets you. Once known as the Throne Room, this hall now has a simple chair for the President, instead of the erstwhile thrones. If the next President has a green thumb, there’s going to be loads to do in his personal garden. Spread over an area of 13 acres and divided into four parts, the Mughal Garden has a series of ornamental fountains, walls, gazebos and screens, combined with scores of trees, flowers and shrubs. A herbal garden has also come up in the recent past.

Trivia about the imposing estate is a plenty. An insider let it slip that the tubs in the bathroom were large enough for the biggest man to soak. And the toilet seats were 3 by 5 feet of teak bench, which revealed the bowl only when lifted.

Recalls Sureshwar Sawhney M ADC to Dr. Rajendra Prasad, “The main kitchen was fabulous. We had food you couldn’t imagine. All served on exquisite china and silver. We ate in luxury everyday’. Adds Nath, “inside gossip is that the Bhavan kitchens cooked much more than required, so some of the food was smuggled out to a dhaba in Gole Market where a blackboard proudly said Rashtrapati Bhavan ka khana,” adds Nath. Old timers in the kitchen add, “Russians were big eaters. They used to have all meals, then send for omelets and sandwiches in their rooms. They ate every scrap. And the Polish delegation, when it visited, smoked before, after and during their meals’.

Interestingly, the President does not occupy the suites occupied by the Viceroys. Instead he occupies one of the guest bedrooms. The First Indian governor general, C. Rajagopalachari, considered the master bedrooms too ostentatious for his humble tastes and all Presidents thereafter have followed tradition. Obviously, guests are always welcome at the Rashtrapati Bhavan — the place has over 350 rooms, as compared to the 132 in the White House. Go figure!

Courtesy: The Sunday Times of India, 20th May 2007

The way of a superior man is three-fold: Virtuous—he is free from anxieties: Wise—he is free from perplexities: Bold—he is free from fear.

Confucius
Compassion

A nurse took the tired, anxious serviceman to the bedside.
"Your son is here," she said to the old man.

She had to repeat the words several times before the patient’s eyes opened.

Heavily sedated because of the pain of his heart attack, he dimly saw the young uniformed Marine standing outside the oxygen tent. He reached out his hand. The Marine wrapped his toughened fingers around the old man’s limp ones, squeezing a message of love and encouragement.

The nurse brought a chair so that the Marine could sit beside the bed. All through the night the young Marine sat there in the poorly lighted ward, holding the old man’s hand and offering him words of love and strength. Occasionally, the nurse suggested that the Marine move away and rest awhile.

He refused. Whenever the nurse came into the ward, the Marine was oblivious of her and of the night noises of the hospital — the clanking of the oxygen tank, the laughter of the night staff members exchanging greetings, the cries and moans of other patients.

Now and then she heard him say a few gentle words. The dying man said nothing, only held tightly to his son all through the night.

Along towards dawn the old man died. The Marine released the now lifeless hand he had been holding and went to tell the nurse. While she did what she had to do, he waited.

Finally, she returned. She started to offer words of sympathy but the Marine interrupted her.

"Who was that man?" he asked. The nurse was startled, "he was your father," she answered.
"No, he wasn’t," the Marine replied. "I never saw him before in my life".

"Then why didn’t you say something when I took you to him?"

"I knew right away there had been a mistake, but I also knew he needed his son, and his son just wasn’t here. When I realized that he was too sick, to tell whether or not I was his son, knowing how much he needed me, I stayed”.

The next time someone needs you….just be there. Stay.

Contributed by Arindam Som

We are not human beings going through a temporary spiritual experience.
We are spiritual beings going through a temporary human experience

Please pass this one on and God will bless you!
This is what we are put on this earth to do anyway right?
Have a great day and bless someone else in some little way today!
God is so good.
Meghalaya Chief Secretary delivering his address during the Certificate Presentation ceremony of the institute of Toy Making Technology at I.T.I. Shillong on June 1st, 2007.

Australian High Commissioner to India, Mr. John McCarthy calling upon the Meghalaya Governor, Mr. B.L. Joshi at the Raj Bhavan, Shillong on May 20, 2007.

Meghalaya Chief Electoral Officer, Mr. P. Naik addressing the media persons at the Conference Room, Main Secretariat Building on April 4, 2007.

The Deputy Commissioner, East Khasi Hills District, Mr. B. Dhar in his interaction with the media in his office chamber on April 18, 2007.

Meghalaya Chief Minister, Dr. D.D. Lapang speaking at the Annual Conference of the Meghalaya Civil Service Officers’ Association at the Shillong Club, on June 16, 2007.

Meghalaya Minister of Tourism, Mr. Charles Pyngrope unveiling the plaque to mark the inauguration of the newly constructed Tourist View Point at Nongwar village on May 30, 2007.
Meghalaya Chief Minister Dr. D.D. Lapang presenting a gift to the outgoing Chief Secretary, Shri. S.K. Tiwari in a function held at the conference room, Main Secretariat building, Shillong on March 31, 2007

Meghalaya Parliamentary Secretary, Mr. J.A. Lyngdoh inaugurating the awareness-cum training programme on watershed organized by the Wah Tysad Watershed Committee at Tysad village, East Khasi Hills on May 15, 2007

Meghalaya Minister of Urban Affairs, Mr. Paul Lyngdoh unveiling the plaque to mark the inauguration of the Electric Crematorium at Jhalupara, Shillong on May 19, 2007

Meghalaya Chief Secretary, Mr. Ranjan Chatterjee in a meeting with the Ambassadors of Brunei, Singapore, Thailand and Indonesia at Hotel Pinewood, Shillong on April 14, 2007

Mr. P.T. Sawkmie, Co-Chairman State Resource Mobilisation Commission unveiling the plaque for the construction of road at Mawiong Rim, Shillong, on April 28, 2007

Meghalaya Chief Minister, Dr. D.D. Lapang laying the foundation stone of the Hawakhana L.P. School at Tura, on April 24, 2007 in the presence of the Deputy Chief Minister Dr. Mukul Sangma.
Meghalaya Chief Minister Dr. D.D. Lapang speaking at the presentation of the Vision Statement for Nongpoh in a function held at the Resource Centre of the DRDA, Nongpoh, on March 27, 2007.

Adviser to the Meghalaya Chief Minister Dr. Friday Lyngdoh unveiling the plaque to mark the inauguration of the Sanitation facilities at Mophran, Shillong on May 8, 2007.

Meghalaya Minister of Education, Mr. R.G. Lyngdoh handing over the prize to the winner of the Brain Box State Wide Quiz Competition 2007 at U Soso Tham Auditorium, Shillong on May 25, 2007.

Indian High Commissioner to Bangladesh Mr. Pinak Ranjan Chakravorty calling on the Governor of Meghalaya at Raj Bhavan on May 21, 2007.

Public Hearing of the Delimitation Commission of India held at U Soso Tham Auditorium, Shillong on May 31 & June 1, 2007.

Meghalaya Minister of Animal Husbandry & Veterinary Mr. Paul Lyngdoh unveiling the plaque of the foundation stone for the office of the Veterinary Dispensary at Nongkrem on the 21, May 2007.
Glimpses of the visit of the President of India,

President A.P.J. Abdul Kalam being welcomed by the former Governor of Meghalaya Shri M.M. Jacob, Meghalaya Chief Minister Dr. D.D. Lapang and other official at the Alternative Landing Ground at Upper Shillong.

President A.P.J. Abdul Kalam delivering his address and interacting with students and faculty at the North Eastern Hills University, Mawal Umshing, Shillong.

President A.P.J. Abdul Kalam taking with members of the 7th Meghalaya Assembly (left photo) and unveiling a plaque to commemorate his historic address to the Meghalaya Legislative Assembly (right photo).
CM inaugurates C.I.P.A Project

Meghalaya Chief Minister, Dr D D Lapang inaugurated the Common Integrated Police Application Project (CIPA) of the Meghalaya Police Department in the presence of the Advisor to the Chief Minister, Mr Friday Lynddoh, Director General of Police, Mr B K Dey Sawian and other senior police officials at the Sardar police station, Shillong.

The CIPA project is a cogent step towards computerization of Police Stations working in Meghalaya. This application is meant to reduce manual records and eliminate duplication and inconsistency in record keeping. It would instantly make available digitized data pertaining to all aspects of policing at police stations at various levels and ensure better follow up and ensure reposition of faith among the general public on police services. The software for the project was developed by National Informatics Centre, New Delhi for planned induction of IT towards better and efficient management of public order, crime and criminal activities in all States and Union Territories. The software has been customized as per the requirements of the State.

Dr Lapang, in his inaugural speech expressed happiness that Meghalaya Police has taken the lead in implementation of the CIPA project. He said that the police personnel have also been trained in operation of the CIPA. He informed that seven police stations in and around Shillong are being covered in the 1st phase and subsequently all the police stations will be covered in the 2nd phase.

Dr Lapang emphasized that communication technology is a performance enhancer and its use is required to improve policing. He expressed confidence that the implementation of CIPA would make the Police Stations work more efficiently and effectively and would also improve service delivery by the Police, including crime control, crime detection and maintenance of public order. He said the system would also improve accessibility, transparency and accountability in the functioning of the Police Department.

While appreciating the Meghalaya Police of its high traditions of performance, integrity and efficiency, Dr Lapang said that the Police are expected to use the new tool of information and communication technology for their crusade against crime. He said that the police, who are the guardians of the law and protectors of the general public, should work with full determination to root out crime and corruption from the State.

Among others who spoke on the occasion were, Advisor to the Chief Minister, Mr Friday Lynddoh, Addl D G (CID), Mr Anil Pradhan and the State Informatics Officer, NIC, Mr Timothy Dkhar.

Culinary Foundation Stone unveiled for Ginger Processing Unit at Jengjal

The Deputy Chief Minister Dr Mukul Sangma unveiled the foundation stone for Ginger Processing Unit at Jengjal and also inaugurated Marketing shed and storage facility implemented by the Rongram Development Block under RSY scheme 2005-2006 at Jengjal market on May 16, 2007. Local MLA, Mr, Sengman Marak was the Guest of Honour.

The ginger processing unit is being created under RSY scheme 2007-08 and will be maintained by Kucholsan SHG Federation of Jengjal with technical guidance from WGHCRMS (IFAD), Tura.

While addressing a public meeting as the Chief Guest, Dr. Sangma said that people have been empowered through schemes like NREGS and if they use this power rightly, Garo Hills would witness great transformation in a very short time. Dr. Sangma expressed hope that the processing unit would be a great blessing to the ginger growers of the area, which is one of the largest ginger producing regions in the State. He added that the agricultural products in this region, being highly organic, there would be great demand for them outside and assured the villagers that the government through IFAD would try to get certification for the product so that they can sell them at higher rates.

Earlier the Deputy Chief Minister also inaugurated the Training Centre for Muga reellers and Eri Spinners at Asananggre. The Centre, which is the first of its kind in the state, has been constructed by the Sericulture department under RSVY scheme.

CM laid Foundation Stone of Wahtynngai Combined Water Supply Scheme

Meghalaya Chief Minister, Dr D D Lapang laid the foundation stone of the Wahtynngai Combined Water Supply Scheme at Nongkynrih village, East Khasi Hills District on May 9, 2007, in the presence of the CEM, KHADC, Mr H S Shylla, Parliamentary Secretary, Mr S W Rymbai, and the MDC from Nongrih, Mr C B Siyem. The Meeting was presided over by PHE Minister, Mr Prestone Tynnong who is also the local MLA of the area.

The estimated cost for implementation of the Water Supply Scheme is Rs 10.90 crores which has been sanctioned by the Government in March 2007 under the Accelerated Rural Water Supply Programme. The scheme will cater to the needs of the people of Raid Nongkynrih and the Laitlyngkot Elaka covering 20 villages. The scheme proposes to tap the water of river Umiew by constructing an RCC reservoir across the river to impound the required volume of water which will be stored and treated and then distributed to different parts of the area. The land required for implementation of the scheme has been donated voluntarily by Mrs Wammon Kharbudnah, Mrs Nylla Kharbudnah, Mrs Sumarmong Nongbri and Mrs Elbina Nongkhiaw.
Dr Lapang in his speech said that the Water Supply Scheme will solve the water scarcity problems of Raid Nongkynrih and the Laitlyngkot Elaka. He said that the construction work should start immediately and completed as soon as possible so that the aspirations of the people are fulfilled.

Dr Lapang expressed his gratitude to the people who have donated part of their land for the purpose and said that their contribution has greatly helped in the process of implementation of the Water Supply Scheme. He also urged upon the people of the area to cooperate with the Government in its efforts to bring development to the area.

MEETING ON IMPLEMENTATION OF MID DAY MEAL

In order to facilitate effective implementation of Mid Day Meal (MDM) programme in all LP Schools, the District Administration along with the DI Office, Tura organized a meeting with the teachers and members of government-run and adhoc LP school managing committees (SMCs) under Tura Urban at the District Auditorium on May 18, 2007.

During the interaction with the SMC members and teachers of LP schools, it was found that only two schools under Tura Urban, namely, St. Xavier’s LP School and Rongkhon LP School, were implementing the MDM programme as per the guidelines and giving cooked meals to their children regularly (20 days a month).

West Garo Hills Deputy Commissioner & Chairman of the Steering Committee on MDM, Mr. P. Sampath Kumar informed the SMC members that the purpose of the meeting was to find out whether they were implementing the MDM on all school days, the mode of implementation and what kind of problems they face in implementing the programme. Lack of initiative on the part of SMC and lack of community participation were found to be the main causes of failure in effective implementation of the programme.

The Deputy Commissioner took serious note of those SMCs which were not regularly implementing MDM in their respective schools. He said that not giving cooked meals to children is a serious violation of the law of the land and warned that those SMCs who do not implement the MDM as per the Supreme Court order will be derecognized. Reiterating that there should be no compromise on MDM he asked all SMCs to have a meeting among them to discuss ways to implement the programme in letter and spirit and also mobilize community participation.

Most LP schools under Tura have their classes in the morning and as it has been found that some schools barely have 1-2 hours of class, all SMCs were directed to have their school timings from 7 am to 11.30 am everyday. However, in winters, the school timing would be from 8 am to 12.30 am.

DEPARTMENTAL HIGHLIGHTS

DISTRICT ADMINISTRATION, JOWAI

Jowai, being the District Headquarter is also the commercial hub of the Jaintia Hills District. For a long time the lawmsiung area, which is located at the heart of the town was an eyesore to outsiders, mainly due to its congestion and disorganized appearance. In order to bring about a change in the civic environment within the area, the District Administration constituted three Task Forces to address the problems on cleanliness, traffic and to check the menace caused by drugs. As an outcome, numerous changes have been experienced in and around Jowai town.

Under the Public Private Initiative (PPI) of the District Administration street lighting project was initiated at lawmsiung in October 2006 with the installation of High Mast in the DC’s Office complex. The lighting has been appreciated, as the central market place happens to be a den of anti-social activities. The installation of the lighting system has brought about a greater sense of safety and security in the place. Further, permanent railings project along the footpath at lawmsiung was taken by the Public Works Department, under a project conceived by the District Administration. The railings of footpaths have, to a great extent eased traffic congestion, made streets safer for pedestrians and at the same time enhanced the beautification of the town, which now has a more structured and organized appearance.

Under the initiative of the Task Force constituted by the District Administration parking lots for vehicles have been created, which has gone a long way in easing the traffic congestion in the town. There is now greater streamlining of traffic with the adequate space reserved and maintained for both private and commercial vehicles.

Through the initiative of the District Administration and a collective effort, the Sein Raj, Jowai, a socio-religious organization, land was handed to the District Administration for the construction of the first public toilet in Jowai market, which has been duly handed over to the community in February 2007.

In order to promote and boost the tourism industry in the District, the District Administration along with other Tourism Facilitators organized the first ever week long Tourism Festival in the District “Discover Jaintia 2006”. The festival also ignited the mind of the local unemployed youths who
BASE LAID FOR BRIDGE CONSTRUCTION AT MELLM

Minister for PWD (Roads) etc., Mr. Zenith Sangma laid the foundation for construction of a bridge over Ringdi river at Mellm under Gambegre C&D Block on May 22, 2007.

According to the BDO, Gambegre, Mr. W. D Sangma an amount of Rs20.15 lakhs has been sanctioned for the construction of this all weather bridge under RSVY scheme. This bridge, connecting Mellm with other villages beyond Chengkurigre on the other side of the river, which has been a long pending demand of the people of the area, would greatly help the students’ community who cannot attend school during monsoons due to absence of a bridge.

Addressing the gathering on the occasion, Mr. Zenith Sangma informed the villagers of various proposals being made for the development of the areas, which include among others, a proposal for direct road connection from Mellm to Ampati and widening of Mellm road under Central Roads Fund. Stating that development is a continuing and time-taking process, he also highlighted on the major projects being planned for Garo Hills and urged the people to think practically and not get swayed by allegations that Garo Hills was being neglected in terms of development.

ADC & Project director DRDA, Mr. R.P. Marak highlighted on RSVY, a backward area initiative, under which many projects have been approved by the District Steering Committee. He also gave clarifications to the complaint made by Area Employment Council president regarding payment of wages under NREGS.

Later, Mr. Zenith Sangma inaugurated the Community Fishery Pond constructed by Krim SHG at Okkapa Sangma under RSVY scheme 2004-2005. Out of the project cost Rs. 1 lakh, an mount of Rs. 10,000/- is being kept aside for procurement of fishlings. Mr. Sangma said that projects like this would help to uplift the economic status of the community and also hoped that it would be a model for other self-help groups.

have been encouraged to take up tourism related activities as a means of livelihood. With the encouraging response received, the Discover Jaintia Festival is proposed to be an annual event.

Through the Special DRDA Tourism Project, the District Administration has also taken the initiative to develop some of the important tourists’ spots which were earlier lying neglected and under developed.

¶ **Tyrchi Falls:** This fall is located some 8 kms from Jowai on the Shillong-Jowai road. The infrastructure created in the area through the Scheme were construction of life RCC Dam, railings at the head of the fall, construction of an inn cum shelter and footpaths to reach the bottom of the fall. The area has now been handed over to the local community who are now managing it and this has generated livelihood for the local community.

¶ **Ialong Park:** The park is located some 8 kms from Jowai and it is known for its sacred grove and for its setting which overlook the Syntu Khair Valley. Through the Special DRDA Tourism Project, the District Administration has taken steps to beautify the Park by creating infrastructure such as water dams and canals, toilet facilities with changing rooms, hoardings and jungle clearance which has attracted tourists from far and wide.

¶ **Pitcher Plant Lake at Jarain:** The Lake is located in Amlarem Civil Sub-Division. For the development of the place from the tourist point of view, the District Administration through the Scheme has taken the initiative to improve the infrastructure by constructing arch bridges, Pitcher plant gardens, green houses and footpaths around the lake. The lake is centred on the Pitcher Plants theme to attract attention of visitors to the Pitcher Plants which is unique to the area and unique for its carnivorous characteristics.

¶ **looksi Park:** The looksi village is located some 40 kms from the District headquarter for the development of the park in the village, the District Administration through the department of Forest (Social Forestry) has constructed the approach road to the park, rain shelters, railing in the view points, sitting benches and play items for children to attract visitors to the area.

¶ **Krang Suri:** Krang Suri is one of the most beautiful waterfalls in the district and is located in the Amlarem Civil Sub-Division. To transform the place into a tourists destination, the District Administration has initiated steps through the Special DRDA Tourism Project to construct graveled footpaths and view points to enable visitors to better appreciate the beauty of the waterfall and its surroundings.

Recently, the District Administration has taken up steps towards convergence of activities by pooling in resources of various government departments in order to speed up the process of development in the areas and at the same time avoid duplication of schemes. The success of such an initiative had been seen at Ialong Park where several government agencies were involved in the successful organization of the first ever Tourism festival in the “Discover Jaintia 2006”.

Under the initiatives of the District Administration, a scheme under the Rural Tourism at Ialong was submitted to the Ministry of Tourism, Government of India in January this year. The Government of India has approved and sanctioned the first Rural Tourism Project not only in the District but in the State as a whole. The Ialong Rural Tourism Project is on course to becoming a pioneering effort in Community Tourism in Jaintia Hills District.
HEALTH

Tumour Tripper

India’s wonder spice turmeric just doesn’t appear to stop surprising scientists. It’s been found to combat cancer, inflammation and infections. Now, Calcutta bio-chemists Gaurisankar Sa and Tanya Das have discovered yet another trait of this traditional medicinal herb.

The Bose Institute researchers have shown that curcumin, the yellow ingredient of turmeric rejuvenates a class of immune cells that fight cancer, strengthening the immune system by restoring key immune cells destroyed by tumours.

While studies over the past decade have helped scientists establish that curcumin can fight tumours, its effects on the immune system in cancer have been unclear. Patients with advanced cancer have poor immunity, because of the weakening effect of tumours. This allows the cancer to progress even faster and makes the patients susceptible to infections.

“Our work shows that curcumin is a double edged sword,” Sa said. “on the one hand, it can help kill tumour cells and on the other replenish the weakened immune system in cancer.”

The findings, published recently in the Journal of Biological Chemistry, suggest that curcumin may be used in the treatment of cancer by itself or in combination with standard anti-tumour drugs used in chemotherapy.

The researchers, in their studies on mice, have shown how curcumin increases the production of proteins that allow a set of immune cells called the CD4 and CD8 cells to proliferate and reduces the production of proteins that help destroy these cells.

“Curcumin thus blocks the tumour of immune cells,” Sa said. “One of the roles of the immune cells is to destroy tumours. This happens in the earliest stages of the disease,” he said.

But tumours also release chemicals that destroy these immune cells, and advanced cancers simply overwhelm the cells. The studies by the Calcutta team have shown how curcumin interferes with the production of these chemicals by tumours and restores the immune cells.

However, scientists unconnected with the study have cautioned that curcumin has not become part of standard anti-cancer treatment as it is poorly absorbed into the bloodstream. Most of the curcumin consumed orally is excreted.

“Curcumin is one of the most attractive among emerging anti-cancer agents because it’s been consumed through food for centuries”, said Anirban Maitra, associate professor at the John Hopkins School of Medicine, USA. “But its poor solubility prevents it from widespread testing against human cancers,” said Maitra, who’s trying new ways to deliver curcumin in the body.

Courtesy – Telegraph, June 11, 2007

THE MOST IMPORTANT THINGS TO DO TO STAY HEALTHY

While we fret about the most complex and controversial aspects of our health care, don’t forget to do these basic things that will definitely help your health.

Stop smoking -There is no question that if you smoke, stopping will be the very best thing you will ever do for your health. If you fail this time, keep on trying!

Get some exercise -Even a little is very helpful. You don’t have to be an Olympic athlete to gain the benefits of exercise, which can occur at surprisingly low levels. Take a 15 minute walk . . . take the stairs . . . it will do a lot of good.

Eat sensibly -If you can’t be perfect, do as good as you can. Don’t just give up on good eating habits because it seems too hard.

Learn to take your own blood pressure -Write it down. Bring the list to your doctor. This is the best way to avoid too much or too little treatment for this controllable disease.

Work on balance -Be involved...without being overly stressed...and leave time for relaxation. This is a big challenge for all of us, but it’s really important for people with medical conditions, particularly those involving the heart.

Continue to be positive. You can “beat” these diseases-The advances in medicine, and heart disease in particular, have truly been staggering. Applying what we already know to your healthcare can lead to continued good health... and just wait until the next developments!
“Selfishness is not living as one wishes to live; it is asking others to live as one wishes to live. And unselfishness is leaving other people’s lives alone, not interfering with them. Selfishness always aims at creating around it an absolute uniformity of type. Unselfishness recognises infinite variety of type as a delightful thing, accepts it, acquiesces in it, enjoys it”.

- Oscar Wilde
DOG FIGHT
A man walks into a bar one day and asks, "Does anyone here own that rottweiler outside?" "Yeah, I do!" a biker says, standing up. "What about it?" "Well, I think my chihuahua just killed him..." "What are you talkin' about?!" the biker says, disbelievingly. "How could your little runt kill my rottweiler?" "Well, it seems he got stuck in your dog's throat!"

SOUP
When the waitress in a New York City restaurant brought him the soup du jour, the Englishman was a bit dismayed. "Good heavens," he said, "what is this?" "Why, it's bean soup," she replied. "I don't care what it has been," he sputtered. "What is it now?"

THE BULLY
The strong young man at the construction site was bragging that he could outdo anyone in a feat of strength. He made a special target of one of the older workmen. After several minutes, the older worker had enough. "Why don't you put your money where your mouth is?" he said. "I will bet a week's wages that I can haul something in a wheelbarrow over to that outbuilding that you won't be able to wheel back." "You're on, old man," the braggart replied. "Let's see what you got." The old man reached out and grabbed the wheelbarrow by the handles. Then, nodding to the young man, he said, "All right. Get in."

NEW MATH
The math teacher saw that little Johnny wasn't paying attention in class. She called on him and said, "Johnny! what are 4, 2, 28 and 44?" Little Johnny quickly replied, "NBC, CBS, HBO and the Cartoon Network!"

BAD DAY
A police officer in a small town stopped a motorist who was speeding down Main Street. "But officer," the man began, "I can explain." "Just be quiet," snapped the officer. "I'm going to let you cool your heels in jail until the chief gets back." "But, officer, I just wanted to say,..." "And I said to keep quiet! You're going to jail!" A few hours later the officer looked in on his prisoner and said, "Lucky for you that the chief's at his daughter's wedding. He'll be in a good mood when he gets back." "Don't count on it," answered the fellow in the cell. "I'm the groom."

YOUNG PILOT
A young and foolish pilot wanted to sound cool on the aviation frequencies. This was his first time approaching a field during the nighttime. Instead of making any official request to the tower, he said: "Guess who?" The controller switched the field lights off and replied: "Guess where"?